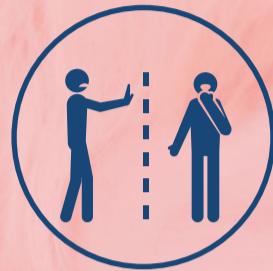


# When you sneeze or cough, do the following:

DON'T SPREAD

DISEASE!



turn your head away from others

cover your nose and mouth with a tissue



in the absence of a tissue, use your sleeve

throw the used tissue into the trash



after throwing away the tissue, wash your hands with soap and water or use antibacterial gel

use a protective mask to protect the people around you



## By doing so you help to prevent the flu and other respiratory infections!